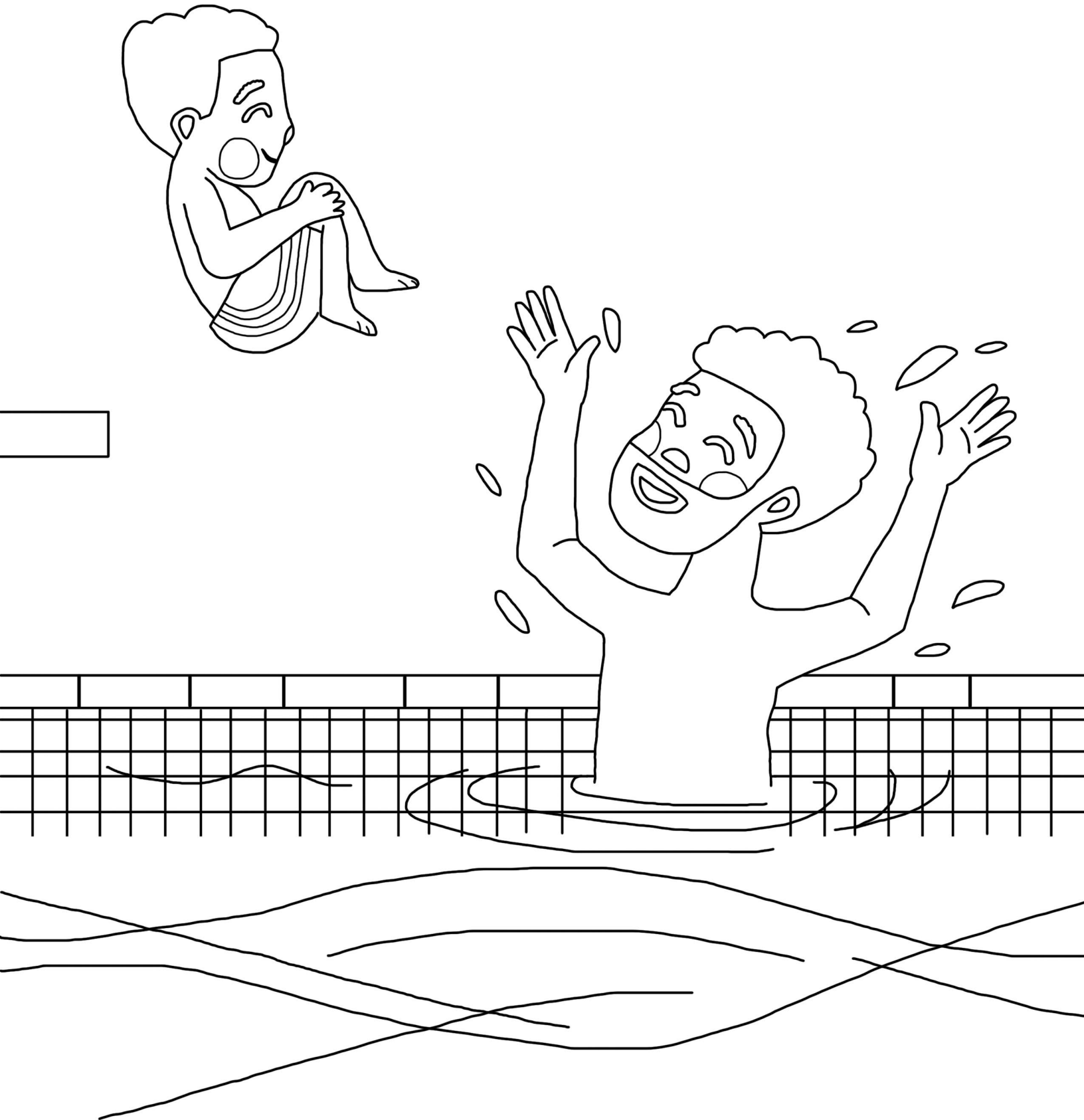




Push those scary thoughts away by putting other thoughts in your brain, like *God will help me fight this fear.*



**With every fear you face, your brave gets bigger and stronger.**

GOD HAS NOT  
 GIVEN US  
A SPIRIT OF  
FEAR, BUT  
OF POWER  
AND OF LOVE  
AND OF A   
SOUND MIND.

-2 TIMOTHY 1:7