

ACTIVITY KIT



978-0-310-15255-2

Race to Kindness

BY

Orion Jean

TIME 2021 Kid of the Year

ILLUSTRATED BY

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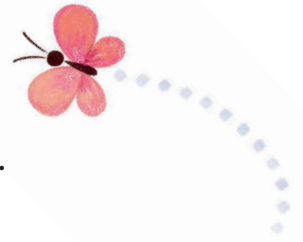
THIS BEAUTIFUL PICTURE BOOK from TIME 2021 Kid of the Year Orion Jean delivers a powerful message of kindness and a call to action for readers to spread kindness in their communities.

From giving meaningful compliments to sharing your snack to donating used clothes, there are so many ways to be kind that it can be tough to know where to start! Luckily, author and fellow kid Orion Jean has some simple steps we can all take to make the world a better place.

Let's RACE TO KINDESS!



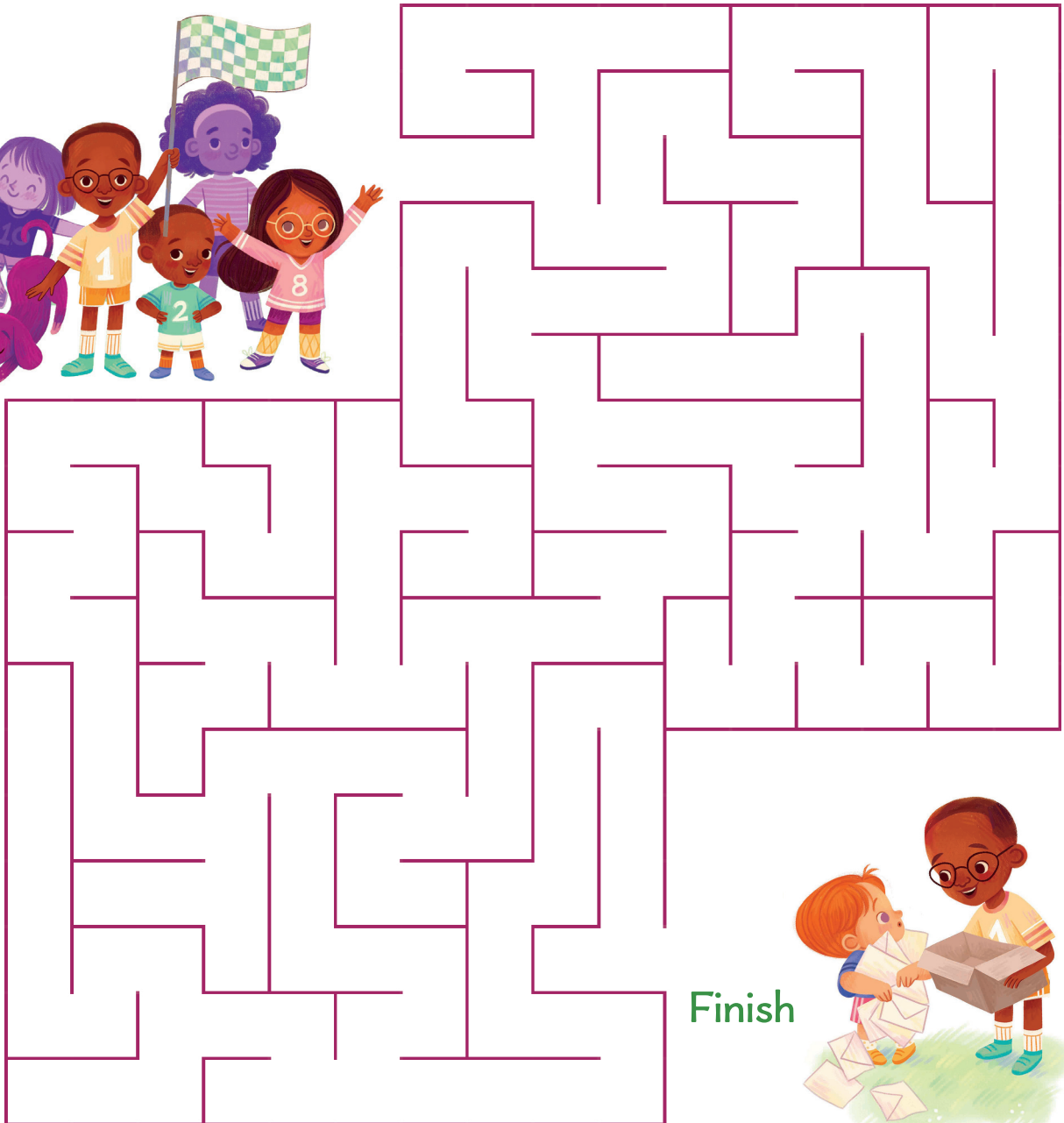
Maze



*So lace up your sneakers, get ready to run.
This race to kindness will be so much fun!*

On your mark, get set, GO! How quickly can you complete the maze to get to the act of kindness at the end?

Start



Finish



Kindness Bingo



Make a mark on each act of kindness once you've completed it. Can you get a row of kind acts? How about "blackout" where your entire card is marked?

K I N D N E S S B I N G O				
Smile and say "hi"	Help clean up toys	Be welcoming	Set the table	Cheer up a friend
Share your snack	Speak kindly	Say "thank you"	Invite a kid to play	Call a loved one
Thank your teacher	Help a friend	FREE SPACE Be Kind	Greet your neighbor	Donate clothes
Help fix dinner	Say "you first"	Give a gift	Wave to someone	Send a card
Offer a compliment	Say "please"	Clean your room	Play with a pet	Donate toys

Kindness Bracelets

Share these bracelets with friends old and new!



Share
a smile!



It's cool
to be kind!

Let your kindness
shine bright!



Cut out each bracelet. Wrap around a wrist and tape to secure.

My Kindness Idea

Join the Race to Kindness! What can *you* do to make the world a better place?
Remember, every BIG wave starts with a SMALL splash!

I am passionate about:

A trusted adult to brainstorm with about my idea:

My plan:

My first step will be:



Banner

Make this cool banner to hang in your room as a reminder that it's always important to BE K.I.N.D.!



Cut out the letters and tape them along a ribbon or string to spell BE K.I.N.D.

